

E. C. Hurley, Ph.D
EMDR Institute Regional Trainer

Dr. E. C. Hurley, Ph.D, was selected and trained as an EMDR trainer by Francine Shapiro the developer of Eye Movement Desensitization and Reprocessing (EMDR). He has provided EMDR trainings world-wide including various locations in the United States, Europe, Israel, and Asia. E. C. has been a licensed psychotherapist since 1980. He is an Approved Supervisor with the American Association for Marriage and Family Therapy (AAMFT) and an Approved Consultant and instructor with the EMDR professional organization EMDR International Association (EMDRIA). Board Certified Expert in Traumatic Stress (BCETS) he is a Diplomate with the American Academy of Experts in Traumatic Stress. He served as a supervisor with the International Institute for Trauma and Addiction (IITAP) for several years.



He founded the Marriage and Family Institute in Clarksville, TN and later developed Soldier Center as an agency of the Institute. Dr. Hurley is a licensed clinician with over 34 years of clinical experience. Persons from throughout the United States travel to participate in Dr. Hurley's successive days EMDR therapy treatment which allows persons to be treated once or twice a day with EMDR therapy for 5-10 days. In the past year he has presented workshops at various professional conferences including the EMDR International Association (EMDRIA) Annual Conference, the International Society for the Study for the Study of Trauma and Dissociation (ISST-D), the Omega Institute and the annual Southeast Psychiatric Conference. He has provided EMDR therapy training, basic and advanced throughout the United States and Israel.

A retired Army Colonel with over 33 year of service in the U.S. Army and Army Reserve, his numerous assignments range from duty in the United States, Germany, Korea, and military operations during Operations Desert Shield/Desert Storm. His military awards including the Army Meritorious Service medal (awarded 3 times), the Bronze Star medal, and the Legion of Merit.

E. C. was trained in EMDR following 9-11 and within a matter of a few months decided to specialize in using EMDR in treatment of acute stress and posttraumatic stress disorders. He volunteered seven weeks of his time following hurricane Katrina to treat first responders in Louisiana as they were impacted by acute stress due to the nature of their disaster work. Most recently he treated first responders and National Guard personnel using the EMDR recent events protocol following multiple tornados which struck Oklahoma City.

Dr. Hurley holds graduate degrees in counseling psychology, marriage and family therapy and clinical psychology. He holds a Doctor of Ministry degree in pastoral counseling and a Ph.D in clinical psychology. His chapter entitled "Treating military sexual trauma with EMDR therapy" is included in a new publication *Treating military sexual trauma* to be released by Springer publications during the summer 2015.